

2021 Spring Break Cheer Camp

Drop Off 8-9 a.m. / Camp Activities 9 a.m. - 4 p.m. / Pick Up 4:00 - 5 p.m.

Ages 7-12 --- Campers **MUST** be 7 years old BEFORE March 22, 2021. No exceptions.

A fun-filled 5 days learning cheers, chants, jumps, stunts, dances, tumbling, making great friends and so much more!
A virtual routine will be put on the city's website for family to view. Bring a bag lunch, swimsuit and towel every day.

Participants receive a free T-shirt. **Campers must bring their own lunch.**

Camper Information

Camper Name:			Nickname:		
Date of Birth:	Age:	M / F	Child's T-Shirt Size: CM CL AS AM AL AXL		
Home Address:					
City:				Zip Code:	

Parent/Guardian Information

Name:					
Cell Phone:			Work Phone:		
Relationship:					
Home Phone:			Email Address:		
Name:					
Cell Phone:			Work Phone:		
Home Phone:			Email Address:		
Relationship:					

Emergency Contact

Name:	
Relationship:	Phone:

Family Hospitalization Insurance

Company Name:
Policy Number:
Group Number:

Please check all applicable:

Yes, My child can swim unassisted.

No, My child cannot swim. **If your child cannot swim, you must supply a properly fitted life vest. If your child**

City of Vero Beach requires medical documentation be completed by

Please let us know if your child has any allergies:

Payment Information (Proof of city residence is required to pay city fee.)

City Residents: \$95 Non-City Residents \$115 (March 22 - 26, 2021)

Payment Options: Cash, Check, Visa, Mastercard - Please make checks payable to City of Vero Beach.

Driver's License Number must be written on all checks. Please also indicate your camper's name on check.

There is a returned check fee of \$35.

No Extended Day - Campers can not be dropped off until 8 a.m. **There is no supervision until that time.**

Please initial the following: _____ I have read and understand all of the rules.

Signature:	Date:
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CITY OF VERO BEACH
RECREATION DEPARTMENT

2266 14th Avenue
Vero Beach, FL 32960
(772) 567-2144

General Liability Release and Indemnity Agreement

In consideration of the acceptance of my participation and/or the participation of my child or ward in the City of Vero Beach Recreation Department program, its activities and events, and with the understanding that the program, activities, and events in which I and/or my child or ward participate carry with them the potential for serious injury, death, and property loss or damage, which risks include, but are not limited to, those caused by terrain; facilities and equipment; swimming pools and fountains; water conditions, including, but not limited to, pollution, temperature, currents and waves; participant's abilities and equipment; vehicular, pedestrian and vessel traffic; weather; temperature; and actions of other people, including, but not limited to, participants, volunteers, spectators, coaches, officials, monitors, media, and sponsors/producers of the program, activity, or event, I RECOGNIZE AND AGREE TO ASSUME ALL RISKS known and unknown that arise or might arise incidental to such participation, and, on my own behalf, on behalf of my child or ward, and on behalf of my and my child's or ward's parents, guardians, heirs, executors and administrators, next of kin, successors and assigns, RELEASE and forever discharge the released parties defined below, of and from any and all liabilities, claims, demands, damages, actions, costs or expenses of any nature, known or unknown, arising out of or in any way connected with my participation and/or the participation of my child or ward in the City of Vero Beach Recreation Department program, its activities and events, and I further agree to indemnify and hold each of the released parties harmless against any and all liabilities, claims, demands, damages, actions, costs or expenses of any nature, including, but not limited to, all attorney's fees and disbursements, arising out of or in any way connected with my participation and/or the participation of my child or ward in the City of Vero Beach Recreation Department program, its activities and events.

The released parties are the City of Vero Beach, its elected officials, officers, employees, agents, representatives, volunteers, their successors and assigns, and event sponsors, producers, their agents, successors and assigns. I understand and agree that this General Liability Release and Indemnity Agreement includes any claims based on the negligence, actions or inaction of any of the released parties and covers bodily injury, death and property damage or loss, whether suffered by me and/or my child or ward, before, during, or after such participation, including travel to or from an activity or event whether by private transportation or City of Vero Beach provided transportation, or on account of any first aid treatment or service.

I certify that I and/or my child or ward are physically fit, sufficiently trained and capable to participate in the City of Vero Beach Recreation Department program, its activities and events, and have not been advised otherwise by a qualified medical person. I authorize medical treatment and services for myself and/or my child or ward if the need arises and I assume all responsibility and will fully indemnify the released parties for all medical and other costs incurred for such treatment and services.

I understand that participants may be videotaped or photographed during recreation department program activities and events. My photo, video and film likeness, and that of my child or ward, may be used by the program, activity, and event holders, producers, sponsors, organizers and/or their assigns for any legitimate purpose and I will hold the released parties harmless, on behalf of myself and my child or ward and the parents, guardians and others as outlined above, for such use.

If the participant is a minor or otherwise legally incapacitated, the undersigned parent and natural guardian or legal guardian of the participant hereby represents and certifies that he or she is, in fact, the parent or legal guardian of said child or ward and that he or she possesses the authority to act in such capacity and does hereby so act and agrees to indemnify and hold harmless the released parties from all liabilities and costs as outlined above as may be imposed upon the released parties because of any defect in or lack of legal capacity to execute this release and so act and to release said parties on behalf of the child or ward and parents or guardians and others as outlined above.

I have carefully read this release, understand its contents, and voluntarily signed it below.

PLEASE PRINT

Participant Name: _____

Age: _____

Parent/Guardian Name: _____

Address: _____

City/Zip: _____

Telephone: _____

Emergency Contact Name and Telephone Number: _____

Signature: _____

Date: _____

(Parent/ guardian must sign for children under 18 or legally incapacitated)

Witness Signature: _____

Print Witness Name: _____

**CITY OF VERO BEACH
RECREATION DEPARTMENT
LEISURE SQUARE CAMPS**

Parents: Please read and discuss with your child before the start of camp.

RULES AND REGULATIONS

We are very pleased to have your child in attendance at one of the camps provided by the Vero Beach Recreation Department. Our camps provide excellent opportunities and valuable learning experiences for youth. Our efforts are dedicated to continuing these positive educational experiences. We thought you would like to know our general camp rules for your camper while he/she is attending our Leisure Square Camp.

1. Parents, please apply sunscreen to your child/children before bringing them to camp. If you wish us NOT to apply sunscreen, please check off the appropriate box on the registration form.
2. Campers are expected to remain in camp during activity hours (9 am to 4 pm) unless we are notified by the parent/guardian. If a camper needs to leave camp **FOR ANY REASON, we must have a written permission note or letter** from the parent/guardian. (Please, **NO** verbal permission over a telephone.)
3. Please have your camper dress appropriately for camp. Participants must wear sneakers and socks every day to camp and should also wear T-shirt, shorts and hat. One-piece bathing suits are preferred. Please, no sandals, flip flops, or *Heelies* . If your child's hair is longer than shoulder length, please tie it back.
4. Campers should not bring valuables such as jewelry, or ANY ELECTRONIC DEVICES SUCH AS CELL PHONES, MP3 PLAYERS, TABLETS, GAMING DEVICES, etc., to camp. We cannot be held responsible for loss or damage of personal property.
5. Your camper's name should be clearly marked on all items brought to camp so they will not be mistaken for another camper's.
6. Pets are NOT permitted in camp.
7. **No weapons are permitted in camp!** Including toys that resemble weapons, toy guns, toy knives, etc. These items will not be tolerated and will result in expulsion. **Even verbal discussion of weapons is subject to expulsion.**
8. The office phones in Leisure Square are for emergency use only. If a child needs to make a telephone call, he/she must see a counselor or the camp director.

**LEISURE SQUARE CAMPS
RULES AND REGULATIONS
(Continued)**

9. Tobacco products, vape pens, alcoholic beverages, and any items such as illegal non-prescription drugs are not permitted.

10. Campers will be charged the cost for any intentional damage he/she inflicts upon any facility, equipment, transportation bus, or other campers' personal property.
11. Campers are expected to respect other campers (no fighting, no name-calling, no abusive language and no bullying) Bullying will not be tolerated and may result in expulsion. Campers must also respect the camp staff, the Leisure Square facilities and any facility they attend.
12. Your camper MUST NOT TOUCH or TAKE another camper's property or anyone's possessions.
13. Campers are expected to follow all safety regulations of the camp and always listen to camp staff. No campers are allowed in the swimming pool unless there is a lifeguard on deck and a camp counselor accompanies them. No running on the pool deck or sidewalk areas of Leisure Square, the bowling alley, skating rink, etc. No horseplay (pushing, shoving, hitting) is allowed in the swimming pool or any other location the camp visits.
14. Campers may not have gum, food or drinks inside Centerstage (gymnastics room) Campers must **STAY OFF** the equipment unless authorized and supervised by safety-certified camp staff.
15. Campers will not be permitted in any room at Leisure Square unless accompanied by a camp counselor. No camper is allowed in the weight room/exercise room.
16. Campers are encouraged to participate in all camp programs.
17. If a camper needs medicine and/or requires assistance, please call Angie Holshouser at (772) 770-3775.
18. Campers should report any injuries to camp staff.

TO ALL PARENTS / GUARDIANS

PLEASE BE AWARE THESE CAMP RULES HAVE THE CAMPERS' BEST INTERESTS IN MIND. FUN COMBINED WITH SAFETY IS OUR GOAL. WHEN THESE BASIC CAMP RULES ARE FOLLOWED, YOUR CHILD'S SUMMER CAMP EXPERIENCE WILL BE SUCCESSFUL AND EXCITING!

I have read all of the Camp Rules and agree that my child will abide by them.

Signed _____ Date _____

Print Parent/Legal Guardian Full Name: _____

Witness _____

City of Vero Beach
Recreation Department

CAMP DISCIPLINE POLICY

Parents,

These are the steps that we will follow with MOST discipline problems. Please understand that there may be circumstances where we might move through these steps more quickly.

In case of a severe discipline problem, we have the right to dismiss a participant from that day's activity and subsequent days of activity, if they pose a safety problem not only to themselves, but to other participants and staff as well.

FIRST STEP: Verbal warning.

SECOND STEP: Written warning, parent called.

THIRD STEP: Meeting with Camp Director and parents.

Automatic suspension of current day's activities and the following program date(s).

FOURTH STEP: One-week suspension.

FIFTH STEP: Expulsion from all Recreation Department camps for the remainder of the summer.

These steps are implemented for your child's safety and the safety of others.

NO REFUNDS and NO CREDITS for disciplinary actions.

I have read and understand the Camp Discipline Policy.

Signed _____ Date _____

Print Parent/Legal Guardian Full Name _____

Witness _____

USA GYMNASTICS

Gymnastics Safety Guidelines

- I. ASSUMPTION OF RISK.** Participation in gymnastics activities involves motion, rotation, and height in a unique environment and as such carries with it a reasonable assumption of risk. **WARNING!** Catastrophic injury, paralysis, or even death can result from improper conduct of the activity.
- II. COMPETENT SUPERVISION.** Do not participate in any gymnastics without competent supervision.
- III. POTENTIAL MEDICAL EMERGENCIES.** Instructors, supervisors should be aware of the potential medical emergencies that could occur in gymnastics and be prepared to adequately respond to them in an appropriate manner.
- IV. BE PREPARED TO PARTICIPATE.** Dress appropriately, follow accepted warm-up practices, and be mentally prepared to engage in the activity.
- V. CAREFULLY CHECK EQUIPMENT.** Before directly engaging in any gymnastics activity, make sure the equipment is adjusted and secured and that adequate matting appropriate to the activity is in the correct position.
- VI. CARELESSNESS CANNOT BE TOLERATED.** Gymnastics is an activity requiring active concentration. **HORSEPLAY** or any other form of carelessness cannot be tolerated at any time for any reason. Consult your instructor.
- VII. FOLLOW PROPER SKILL PROGRESSIONS.** A safe learning environment includes a correct understanding of the skill being performed and following proper skill progressions.
- VIII. MASTERING BASIC SKILLS.** Safe learning practices demand mastering basic skills before progressing to new and/or more difficult levels.
- IX. ATTEMPTING NEW AND/OR DIFFICULT SKILLS.** The readiness and ability level of the performer, the nature of the task, and the new competency of the spotter all must be taken into consideration when attempting a new or difficult skill.
- X. PROPER LANDING TECHNIQUE.** Safe dismounts, as well as unintentional falls, require proper landing techniques. No amount of matting can be a fail-safe. Avoid landing on head or neck at all costs as serious catastrophic injuries may result.

I HAVE READ AND UNDERSTAND ALL OF THE GYMNASTICS SAFETY GUIDELINES/RULES AND REGULATIONS FROM USA GYMNASTICS AND THE CITY OF VERO BEACH RECREATION DEPARTMENT'S GYMNASTICS PROGRAM.

Participant's Name: _____

Print Parent/Legal Guardian's Full Name: _____

Signature: _____ Date: _____

CITY OF VERO BEACH RECREATION DEPARTMENT
2021
ALL CAMPS
DROP-OFF AND PICK-UP POLICIES

Children must be dropped off and picked up at Centerstage for check-in and sign-out.

**Camp Drop-off:
8:00 am to 9:00 am**

There is no supervision of campers until 8:00 a.m. Please do not drop your camper(s) off before the designated time.

Camp Activity Hours:
9:00 am to 4:00 pm

**Camp Pick-up:
4:00 pm to 5:00 pm**

Please have patience and use courtesy during camp pick-up hours, as the staff is notifying child/ren of parent/guardian arrival in order to expedite camp pick-up.

EXTENDED DAY IS NOT OFFERED FOR ANY CAMP.

LATE PICK-UP POLICY

There will be a late fee of \$10.00 for every fifteen (15) minutes after 5:00 p.m. your child remains at Leisure Square. This fee must be paid prior to your child/ren attending camp the next day.

EXAMPLE: If your child is picked up between 5:00 pm and 5:15 pm, you must pay \$10.00 before he/she attends camp again. If picked up between 5:15 and 5:30 pm, you will owe another \$10.00 -- a total of \$20.00. If pickup is between 5:30 pm and 5:45 pm, you will owe a total of \$30.00, etc.

**Assumption of the Risk and Waiver of Liability Relating to
Coronavirus/COVID-19**

COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

City of Vero Beach Recreation Department (“COVB”) has put in place preventative measures to reduce the spread of COVID-19; however, COVB **cannot guarantee** that you or your child(ren) will not become infected with COVID-19. Further, **attending COVB events could increase** your risk and your child(ren)’s risk of contracting COVID-19.

By signing this agreement, I acknowledge the contagious nature of COVID-19 and voluntarily assume the risk that my child(ren) and I may be exposed to or infected by COVID-19 by attending the COVB events and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at the COVB events may result from the actions, omissions, or negligence of myself and others, including, but not limited to, COVB employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to my child(ren) or myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I or my child(ren) may experience or incur in connection with my child(ren)’s attendance at COVB events or participation in COVB programming (“Claims”). On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless the COVB, its employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of COVB, its officers, employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any COVB program.

Signature of Parent/Guardian

Date

Print Name of Parent/Guardian

Name of Participant(s)

Frequently Asked Questions

- **What are phone numbers I can call if I need to speak to a staff member?**

- Centerstage: 770-3775
- Leisure Square: 770-6500

- **What will a 'normal day' at camp look like?**

A normal camp day will proceed as follow:

- Drop-off procedure:
 - Drop-off times are from 8:00-9:00 a.m. Campers will not be accepted into camp for the day after 9:00 a.m. All drop off will occur curbside, parents/guardians must stay in the vehicles at all times. One child at a time will be health checked. Parents must wait for their child to complete the health screening before driving away. You must stay until your child is cleared. If your child is cleared they will immediately proceed to their "family" group. If your child is not cleared for camp, they will be returned to your vehicle and not admitted for the day.
- Camp Day:
 - Your child will stay in their family group all day. This group will travel together from activity to activity while maintaining a safe social distance from the other family groups.
- Pick-up procedure:
 - Parents will remain in their vehicle. Please display your family hanger (car tag) in your car – and proceed through the line. Your camper will then be called to your car. Pick-up times are from 4:00-5:00 p.m.
 - Late fees begin at 5:01 p.m. You will be charged \$10 for every 15 minutes that you are late.
 - There is no extended day offered.

- **What if my child has an appointment during the day?**

- Campers may be picked up early but unfortunately we will not be able to accept them back into camp after the appointment. Once your child is signed out for the day, they will not be permitted back into camp until the following day. They will also not be permitted into camp after the drop-off time at 9:00 a.m.

- **What if my child gets ill in the middle of the day at camp?**

- Everyone (campers and staff) will be screened at drop-off for fever and may be asked a series of COVID-19 screening questions. If anyone has a temperature of 100.0 or higher, they will not be allowed to remain in the program that day.
- If a child develops a temperature of 100.0 or higher at any time throughout the day, that child must be picked-up as soon as possible (within one hour) and may not return until he or she has been fever-free, without the use of fever-reducing medications, for at least 24 hours (minimum of one full school day) and a doctor's note stating they are able to return to camp/gymnastics

- **What is a 'family' group?**

- One counselor
- One junior staff (if available)
- No more than 10 campers.
- Each family group will have a designated meeting area away from all other groups and will also have their own assigned bus seats. Your camper will stay in the same family group throughout their time at camp with us.

- **What About the Concession Stand?**

- There will be no concession stand available.

- **When would I be required to keep my child at home?**
 - If your child or anyone in the household is not feeling well – even if you believe it is just allergies – you must keep them home from camp. Please try to be overly cautious with this.

- **Given the current COVID-19 pandemic, what will be done to keep my child safe?**
 - Good hygiene practices will be strongly enforced. Hand sanitizer stations will be placed throughout the buildings for the campers use.
 - Children will be in Family style groups for the entire day. Social distancing of other groups will be practiced and enforced.
 - Please talk with your camper about these new protection protocols. We would like you to encourage them to keep their hands to themselves. Hugs, handshakes and high fives will be discouraged. We love your children and want to keep them as safe as possible in every way possible!

- **How are our buildings disinfected?**
 - All inside, regularly-touched surfaces will be cleaned and disinfected regularly.

- **What about sunscreen?**
 - Sunscreen must be applied every day before camp. When necessary, sunscreen will be reapplied during camp hours by your child's counselor using gloves. Gloves will be changed between each camper.

- **What should my child to bring to camp?**
 - Small backpack that contains everything they need for that day only.
 - Disposable/recyclable water bottles are strongly encouraged! Water fountains will not be available for sanitary purposes. A refill station will be available at lunchtime.
 - No toys, no dolls, no cards, no extra items from home.
 - No food or drinks will be available for purchase at any venue. Please do not send any money with them; they will not be able to make any extra purchases.
 - Please make sure that anything your camper brings to camp is clearly marked with their name.

- **What will my child need on swim days?**
 - Bathing suit
 - Sunscreen
 - Towel
 - Life vest – are required if you checked the NO MY CHILD CANNOT SWIM box on registration form.
 - No pool toys

We know that these are challenging and different times. Please understand that we are doing everything within our power to keep your camper and our staff safe and healthy.

Prior to your child attending our summer camp please talk to them about the new policies and procedures they will encounter at camp. Emphasize keeping your hands to yourself and staying with their assignment "family" group at all times.

Access to Centerstage is limited to participants, staff and approved related services providers. Parents/guardians will view their child's class from outside of Centerstage. If a parent/guardian needs to meet with a Centerstage staff member, first call Centerstage at (772) 770-3775 or the Camp Director's cell phone. If an additional meeting is necessary, the meeting will take place outside of Centerstage and will comply with social distancing and sanitation guidelines, as appropriate.

I have read and understand the above information:

Parent Signature: _____ Date: _____

Witness: _____ Student Name: _____